



NEW YORK TIMES BESTSELLING AUTHOR

JOHN C.  
MAXWELL

ANNIVERSARY  
10<sup>TH</sup>  
EDITION

LIVE THEM  
AND REACH  
YOUR POTENTIAL

15 INVALUABLE  
LAWS OF GROWTH

***“To reach your potential you must grow. And to grow, you must be highly intentional about it.”***

**—John Maxwell**

ANNIVERSARY  
10<sup>TH</sup>  
EDITION

LIVE THEM  
AND REACH  
YOUR POTENTIAL

15 INVALUABLE  
LAWS OF GROWTH

**Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest...”**

**—Matthew 11:28 NLT**

**A burden is anything we carry  
that we were not designed  
by God to carry.**

- SCHEDULE “Margin” or Space Into Your Life and Schedule.

**“...a person’s success is found in  
[their] daily agenda.”  
—John Maxwell**



- LEARN To Say “No.”

- **Build a SABBATH routine and ritual into your life.**

- WORRY Less and Trust God More.

**“When you’re waiting... Who you become while you’re waiting is just as important as what you’re waiting for...”**

**—Ben Patterson**

1. Reflection turns experience  
into insight.

**2. Everyone needs a time and  
place to pause.**

1) Set an APPOINTMENT.

2) Be STILL.



**3) READ God's Word and PRAY.**

4) REFLECT on your attitudes,  
character, actions, appointments,  
and calendar (schedule).

5) LISTEN to and WRITE DOWN what  
the Holy Spirit says.

*“Holy Spirit, what are you  
saying to me?”*

**3. Pausing with intention  
expands and enriches  
thinking.**

4. When you take time to pause, use your l's.

- Investigation – pausing is about attempting to learn and discover insights and truths from every experience.

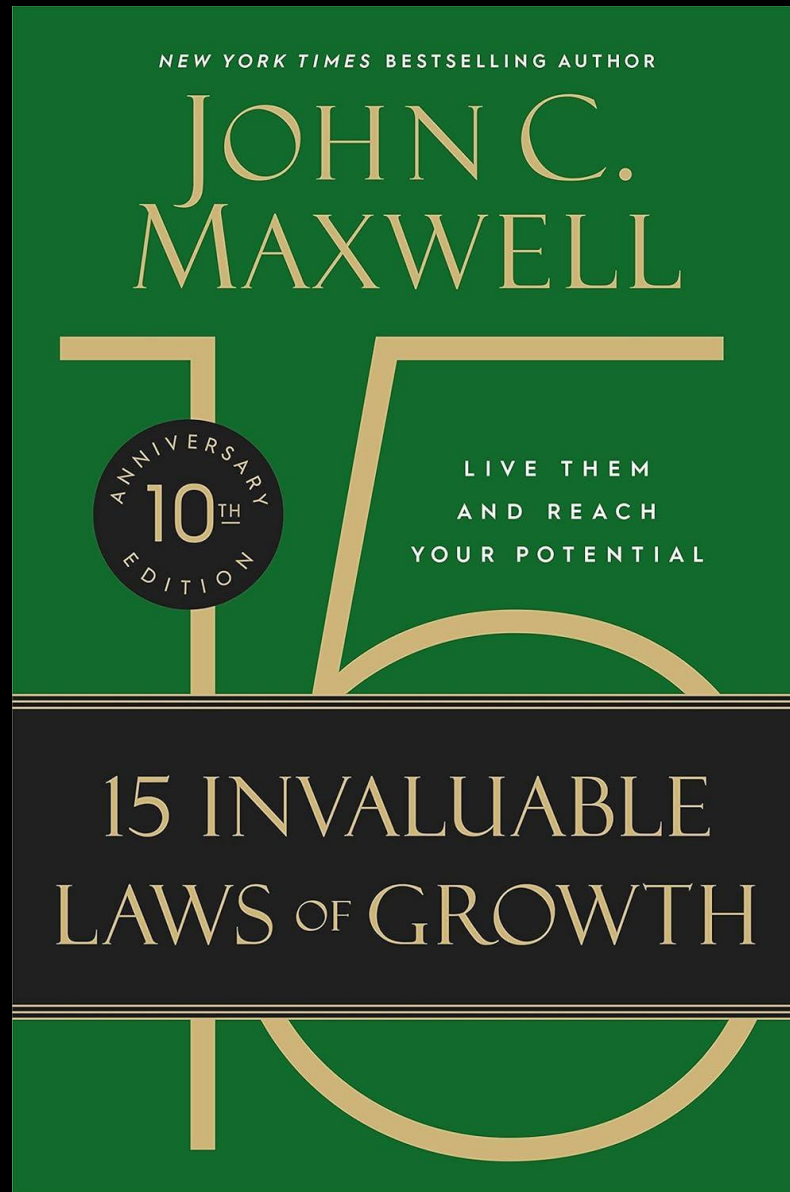
- Incubation – pausing in order to place an experience into the slow cooker of your mind to simmer, grow, and develop.

- Illumination – pausing as a way of life makes room for those “aha” moments – those epiphanies or sudden realizations of insight.



- Illustration – pausing long enough to flesh out ideas, good stories, and insightful quotes into teachable or sharable lessons.





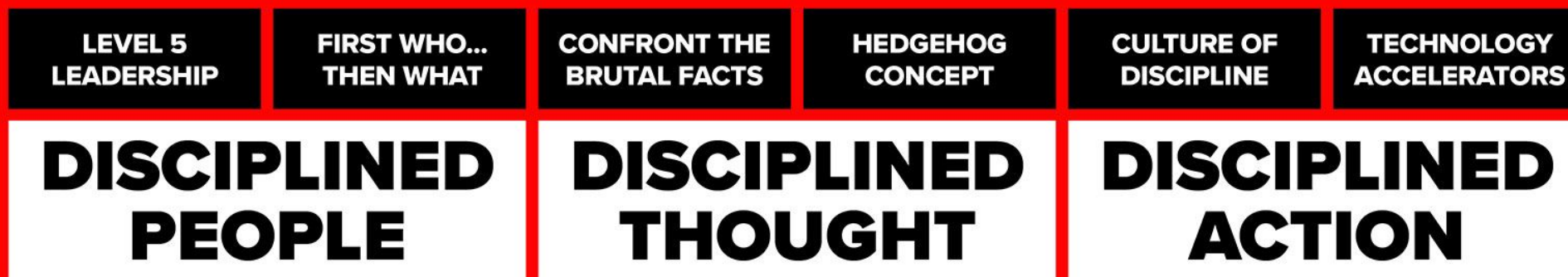
***Law #5: The Law  
of Consistency  
Motivation gets  
you going —  
Discipline keeps  
you growing.***

**“The hallmark of excellence, the test of greatness, is consistency.”**

**—Jim Tressel**

BUILDUP...

BREAKTHROUGH!



FLYWHEEL

**1. Do you know what  
you need to improve?**

2. Do you know how you are supposed to improve?

- Match your motivation to your personality type.



- Start with the simple stuff.

- **Be patient.**

- Value the  
process.

**3. Do you know why you want to keep improving?**

***“Why did you get out of bed this morning, and why should anyone care?” –Simon Sinek***

**BREAK TIME**

YouTube [michaeljrcomedy](#)

**4. Do you know when you are supposed to improve?**

- Look at your watch or calendar. Does anybody see a day, month, or hour labeled “someday”?

- What are two habits you need to change today?



**Maybe It's Time To Stop Setting Goals.**

**Instead of Goal Consciousness,  
Think Growth Consciousness**

NEW YORK TIMES BESTSELLING AUTHOR

JOHN C.  
MAXWELL

ANNIVERSARY  
10<sup>TH</sup>  
EDITION

LIVE THEM

AND REACH

YOUR POTENTIAL

15 INVALUABLE

LAWSON GROWTH

**This Week's Assignment: Read Laws 4-5**

**Law 4 – The Law of Reflection**

**Law 5 – The Law of Consistency**

**Next Week's Subject (Feb 28) — Laws 6-8**

**Laws of...Environment, Design, and Pain**

NEW YORK TIMES BESTSELLING AUTHOR

JOHN C.  
MAXWELL

ANNIVERSARY  
10<sup>TH</sup>  
EDITION

LIVE THEM  
AND REACH  
YOUR POTENTIAL

15 INVALUABLE  
LAWS OF GROWTH

